

Alzheimer's Tennessee volunteers will help pack & deliver gifts!

Questions? Want to Help?

Call Alzheimer's Tennessee at 865.544.6288 or donate online:

www.alzTennessee.org

Alzheimer's Tennessee is a 501c3 not-for-profit. 100% of funds raised assist Tennesseans.

Make Christmas brighter for individuals facing Alzheimer's and dementia in East Tennessee, especially those who may not have family support. Check out the "Wish List" items below, then bring NEW, donated gifts to Lexus of Knoxville, 10315 Parkside Drive, Knoxville, TN, and put them under the purple "Memory Trees" through Friday, December 8, 2017.

Holiday "Wish List" for Individuals Living with Alzheimer's or dementia

New items only please

*Bird feeders or Miniature Bird Houses (for painting)

CD Players & DVD players (for individuals' rooms)

Music CD's (1940s, 50s or 60s or Hymns)

Sing Along DVDs & Appropriate Movies on DVDs (ie Black & White, Old Westerns, Musicals, Nature, Traditional Holiday, Andy Griffith, I Love Lucy)

mp3 Players (such as Ipods, etc.)

Puzzles (LARGE-SIZED pieces 4" x 4", 6" x 6")

Games (JUMBO playing cards & simple table games like Checkers, Chess, Uno, Dominoes, Jenga, Timber Tumble, and indoor foam Horseshoes)

Water color paint & LARGE-PRINT painting books

JUMBO Crayons & LARGE-PRINT Coloring books

Shape Sorting Games (i.e. peg boards) and Zip, Snap, Button, & Lace-Up Games (found with children's learning toys)

Incontinence Briefs

Handheld Musical Instruments & Small Bean Bags

<u>Gift Cards:</u> Hobby Lobby, AC Moore, Target, Wal-Mart, Dollar Tree

- *Fuzzy, warm robes (popular request!)
- *Zip-up sweatshirts & drawstring pants
- *Pajamas that button down the front
- *Comfortable clothing (easy to put on/take off and does not go over the head)
- * Socks or Slippers w/ skid resistant bottoms

 Baseball caps & Fishing Hats (popular request!)

Men's wallets & Handkerchiefs

- *Afghan or fleece blankets & Soft pillows
- *Unscented Lotion & Hand Sanitizer

Magnifying Glass

Cosmetic Bags or Small Purses

Nail Polish & Nail Polish Remover

Men's & Women's Hats, Scarves, & Gloves

Gel seat cushions for wheelchairs, Wheelchair & Walker bags (from medical supply store)

Healthy Snacks (soft, sugar-free, prepared items like applesauce, pudding, fruit cups, juices)

^{*} Items make good gifts for many people



Holiday "Wish List" for Howard Circle of Friends Adult Day Center Participants

You can also contribute to Alzheimer's Tennessee's award-winning senior adult day service program and its participants. The program gives family caregivers the opportunity to take a break or go to work while their loved ones enjoy fun, therapeutic activities in a safe environment. Howard Circle participants would greatly appreciate your support by donating the following items:

Gift Cards: Hobby Lobby, Target, Wal-Mart, Dollar Tree

mp3 Players (new or used – such as Ipods, etc.)

Arts & Crafts Supplies (ie paints, brushes and wooden bird houses, wooden model cars and other wooden objects for painting)

Small Bean Bags

Storage Totes-Medium Size

Handheld Musical Instruments

Items for activities or assistance with daily living and safety found at www.alzstore.com



Alzheimer's Tennessee offers a safe and secure environment during the day at **Howard Circle of Friends.**

Bringing fellowship to seniors and respite to caregivers in the Knoxville community in partnership with Mt. Calvary Baptist Church

For more information about area adult day centers, please call: 865.544.6288