



Senior Adult Day Services Program

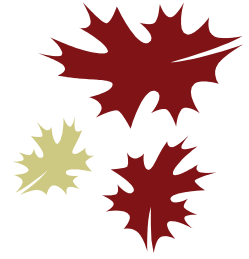


ALZHEIMER'S TENNESSEE, INC.
HOWARD CIRCLE OF FRIENDS
SENIOR ADULT DAY SERVICES PROGRAM

*Bringing fellowship to seniors
and respite to caregivers.*



Nov/Dec 2013



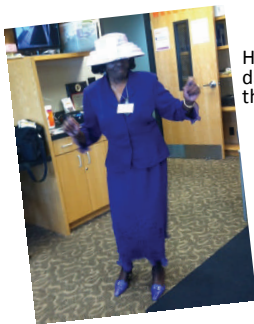
Go Purple at Howard Circle of Friends...



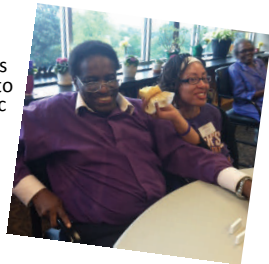
Jimmy Wearing his Alzheimer's Tenn., Inc. t-shirt, in support of "Go Purple" day



Mildred and Barbara (Program Assistant) painting purple



Harriett is dancing to the music



Angela teasing Willie... "Don't you want a bite?"



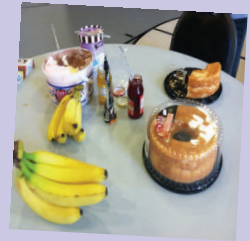
Ollie loves to arrange flowers



Winston and Ernest working together

National Adult Day Service Week-
We celebrated NADS week here at HCOF! We want to thank the following people for making each day special.

East Tennessee Personal Care Service/Penny Bandy and Remona Jessee provided us with everything we needed to make banana splits.



Always Best Care Senior Service/Andrew Scruggs provided us with special cupcakes from The Cup!

Amedisys/Lamar provided Subway Sandwiches for lunch.



Brenda Nelson for the fresh fruit on "Go Purple" day.

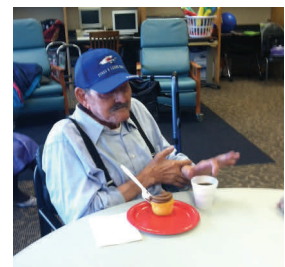


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- National Adult Day Service Week
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- Happy Birthdays
- Support Group
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Rev. Leroy Franklin, Mt. Calvary Baptist Church enjoying a banana split, during NADS week



Will enjoying a cup of coffee with his cupcake

Goals of Adult Day Services:

- Assist the individual to achieve and maintain the highest possible level of functioning and maximum level of independence.
- Prevent or delay further deterioration as long as possible, thus avoiding premature placement in institutional care.
- Provide support, respite and education for families and caregivers.
- Improve community understanding and support of Alzheimer's disease and related disorders.
- Serve as integral part of the community service network and the long-term continuum of services.

Daily Schedule

- 7:00 Meet and Greet
- 8:30 Breakfast
- 9:30 Music Therapy
- 10:30 Spiritual/Inspirational Activity
- 11:00 Physical/Cognitive Activity
- 11:30 Social/Recreational
- 12:00 Lunch
- 1:00 Quiet Time/Movie
- 2:00 Games/Creative Activity
- 3:00 Snacks
- 5:30 Departures



***Schedule subject to change**



Pastor Ann Rozzel from St. John Baptist Church, sharing a story with us.



Party Time



Halloween Crafts



Mildred crafting mummies/ghost for our Halloween party



Sarah showing her skeleton hand she made



Mildred and Rosa busy making fall decorations for our room

- ◆ **Rev. JoAnne Hackler - Devotions every Thursday at 10:30**
- ◆ **Rev. Renee Kesler - Devotions on Monday**
- ◆ **Clinton Chapel Community Choir the 2nd Thursday of each month**
- ◆ **Andrew Scruggs - Story Time/Devotions every Tuesday at 10:30**



Frances working on her tie-dye bag

"Gifts of time and love are surely the basic ingredients of a truly Merry Christmas"
— Peg Bracken



Our Holiday Wish List

Supplies Needed:

- ◆ Kleenex (Tissues)
- ◆ Anti-Bacterial Hand Soap
- ◆ Clorox Wipes
- ◆ Paper Towels
- ◆ Folgers Coffee, Carnation Creamer, Sugar

**Thank you, Thank you, Thank you
for supporting HCOF**



- ◆ Medium size White Erase Board
- ◆ Bingo Prizes
- ◆ Oldies but Goodies Music CD's -1950's/1960's
- ◆ Stretch Latex Exercise Bands
- ◆ Books-On Sports, Fishing, Cars, Jokes, etc.
- ◆ Simple Craft Projects
- ◆ Glitter, Glitter Glue Sticks, Colored Marking Pens
- ◆ Seasonal Decorations
- ◆ Costume Jewelry-Earrings, Necklaces, Bracelets, etc.
- ◆ Baseball Caps
- ◆ Gloves and Scarves
- ◆ Men's wallets & handkerchiefs
- ◆ Storage totes-Medium Size
- ◆ **Gift Cards: Hobby Lobby, Target, Wal-Mart, Dollar Tree**



Will is the checker champion around here!



Bingo, Bingo

Where do I begin?



Happy Birthday Wishes...



- November-**
- Willie (Senior Companion)**
- Rev. Nancy Reid (Clinton Chapel Singer)**
- December-**
- Ernest (Participant)**
- Winston (Senior Companion)**



Senior Aides Meeting with Johnnie, Angela and Jimmie

Howard Circle of Friends

Linda Johnson
Program Manager

Angela McMullen
Program Supervisor

Barbara McNaughton
Program Assistant

Senior Aides- Jimmy Battle, Johnnie Stegall

Senior Companions - Harriett DeVault, Jane Crooks, Willie Sheadrick, Winston Landry

Great Volunteers - Janet Davis, Kellye Lenoir, Sandy Morton, Bud Muly, Kyra Elzy Lander, Andrew Scruggs and Mike McAffry

Questions: Call 865.544.6288 or e-mail lindajohnson@tnalz.org



In Partnership with
Mount Calvary Baptist Church
Pastor Leroy Franklin
1807 Dandridge Ave.
Knoxville, TN 37915

(865) 524-9457



Ollie and Kyra teaming up to win at dominos!



Music time with Johnnie



Kyra Elzy Lander and her husband Dexter, dropped by to play a few games with the participants.

You Asked...
Alzheimer's Tennessee, Inc. listened!

SUPPORT GROUP AT HCOF
When: Nov. 21st and Dec. 19th @ 5:30-6:30

Where: Mt. Calvary Baptist Church

Facilitators-Barbara McNaughton & Rev. Joanne Hackler
Questions: Call Barbara at 865-524-9457



Kyra posing with one of her big fans- Rosa!
Go Lady VOLS!



THANK YOU ...

Willie Mae Ellerbee-
Clorox Disinfecting Wipes and Cleaning Wipes

June Bailey-
Pound cake and brownies

Fern Street Women's Ministry-
Clorox Disinfecting Wipes



Lunch Time...

